



Senior Center Activities and Programs

Libertyville Senior Center
135 W. Church Street
847-247-7659

Weekly Activities

MONDAYS

Exercise ● Sit and Be Fit ● Homeless Mat Making
● Movie Matinee

TUESDAYS

Exercise ● Massage

WEDNESDAYS

Exercise ● Dominoes ● Wood Carving
● Chair Yoga

THURSDAYS

Exercise ● Art-in-Around ● Wood Carving

FRIDAYS

Exercise ● Friendship Fridays
(Coffee talk, Bunco and card games)

*Many of our programs
welcome
walk ins, but
some require
advance
registration.*



*You can call, email or stop in
to register in advance for
activities and programs.*



Monthly Programs

Poker Health Screenings Legal Advice Foot Clinic
Bingo Canasta Brain Games Angel Gowns Project

**We will resume parties as soon as it is safe to do so. Keep in touch with us to know when! **

Stop in to pick up our monthly publication called the *Senior Update* for specific dates/times.
Or it can be viewed online at: www.libciviccenter.org/senior-center